

Troop 150 Backpacking List:

Don't forget the 10 Essentials!

- 1. fire starter & matches
- 2. Map & compass
- 3. Water bottle (2 liters)
- 4. First aid kit
- 5. Pocket knife
- 6. Flashlight
- 7. Extra food
- 8. Extra clothing
- 9. Rain gear
- 10. Sun protection

Pack Gear:

- Pack with padded hip belt
- Waterproof Pack cover – (REQUIRED)
- 6-10 1 Gallon “Hefty” bags for packing clothes
- 2 Plastic kitchen garbage bags to wrap sleeping bag in
- 2-3 32 ounce wide mouth water bottles
- 1-16 ounce bottle or cup (for mixing hot & cold drinks)

Sleeping Gear:

- Sleeping bag (full zip, 30 to 15 degree (recommended))
- Sleeping Pad (closed cell/thermarest recommended)
- Sleeping clothing (worn ONLY in the sleeping bag)

Clothing: (hiking apparel):

- Hiking boot (well broken in)
- 1 pair of “In-camp” light weight shoes (quick drying)
- 3 pairs of hiking socks and inner liners
- 2 pairs of undershorts
- 2 pairs of hiking shorts
- 1 long sleeve shirt (NOT cotton)
- 2 short sleeve shirts (NOT cotton)
- 1 hat for sun protection (baseball-type cap with brim)

Layer “2” (for cool evenings):

- 1 long sleeve shirt (fleece or wool)
- 1 pair of long pants (NO jeans or cotton denim)
- 1 pair, top and bottom, insulated underwear (NO cotton)

Layer “3” (for cold but dry conditions):

- 1 fleece jacket
- 1 stocking cap (fleece or wool)
- 1 pair of light gloves (polypropylene or synthetic)

Layer “4” (for cold and wet conditions):

- 1 rain pants & jacket (REQUIRED)

Personal Items (not required):

Remember, you are the one who will carry it (in AND out)

- Toothbrush & paste
- Camp Suds (Soap)
- Handkerchief
- Small hand towel
- Insect repellent
- Whistle
- Chapstick
- Small roll of toilet paper inside plastic bag
- Personal First Aid Kit (add Moleskin)
- “diddy bag” for smellables
- Sunglasses
- Spending money
- Deck of Cards
- Umbrella
- Light weight camp chair
- Camera (one-time use cameras best with your name)

DO NOT bring an expensive cameras, cell phone, or electronic games.

“Crew Gear” tents, stoves, water filtration, and cooking gear will be distributed by the trip quartermaster before departure.